

# RISE & SHINE

FROM 8.30AM - 11.30AM (12PM ON WEEKENDS)

## PAVLOVA WAFFLES 18 (V)

double stack waffles w/ tropical fruits, mini meringues, passionfruit mascarpone, coconut ice cream, guava coulis & a mango gel

## YOGHURT PANNA COTTA 18 (GFA)

granola, roasted peaches, miniature plum macarons, raspberry sorbet & a morello cherry coulis w/ a honey macadamia & white chocolate crumble

## DELUXE 19 (GFA)

2 poached eggs, chorizo, haloumi, crispy prosciutto, feta, fresh chilli, mixed greens & harissa on toasted vienna

## HEY PESTO 18 (GFA)

avocado, bacon, fresh tomato, mixed greens & a pesto hollandaise on toasted vienna. Throw on a few extras \*see prices below\*

## SMOKEHOUSE BAGEL 19 (GFA)

Smoked salmon, fried egg, pesto, haloumi, avocado, fried capers, mixed greens, feta & fresh dill stacked on a toasted bagel w/ burnt lemon

## 'YTP' BURGER 15 (GFA)

2 fried eggs, bacon, swiss cheese, tomato, fresh spinach, creole hollandaise & jalapenos

## BENEDICT BAGEL 18 (GFA)

2 poached eggs, grilled gypsy ham, spinach & hollandaise on a toasted bagel topped w/ black sesame seeds & chives

## SMASH 18 (GFA/V)

2 poached eggs, smashed avocado, beetroot ricotta on rye toast topped w/ cherry tomatoes, feta, broccolini, burnt lemon, mixed greens, sticky balsamic, nuts & seeds

## THE START UP PLAN 15 (GFA/V)

2 eggs cooked your way on 2 pieces of toast w/ 2 pieces of bacon - Why not ramp it up with a few sides! \* see prices below\*

## MEXI WAFFLE 19 (GF) (VEGAN AVAILABLE)

sweet potato, zucchini & cauliflower waffle topped w/ 2 poached eggs, corn, chorizo, tomato, black beans, smashed avocado, creole hollandaise & coriander

## MUSHROOM BOWL 17 (GFA) (VEGAN)

sautéed mushrooms, sun-dried tomatoes, chickpeas, broccolini & warm naan bread topped w/ greens, nuts & seeds, enoki mushrooms, pumpkin hummus & sticky balsamic

## THE G-MAN WRAP 15 (VEGAN)

fried tofu, mushrooms, hash brown, tomato, spinach, avocado & beetroot in a toasted wrap

## STACKED UP 19 (GFA) (VEGAN)

Broadbean & chickpea falafels, chargrilled pumpkin, eggplant & zucchini, grilled tomato, smashed avocado, pesto, sticky balsamic & dukkah

## KIDS

(\$10 WITH YOUR CHOICE OF JUICE OR MILKSHAKE)

WAFFLE w/ maple syrup, berries and ice cream

SCRAMBLED EGGS on toast

BACON ROLL w/ tomato sauce

V= Vegetarian | GF=Gluten Free | GFA=Gluten Free Available

## FANCY A BIT ON THE SIDE

mushrooms | beans | hash brown 3

spinach | tomato | avocado | 3

grilled haloumi | grilled chorizo 4

serve of bacon (2 rashers) 5

smoked salmon 5

extra egg 3

extra piece of toast 2

gluten free toast 2

falafel | vegan lamb 5

## FEELING SAUCY

tomato & eggplant relish 1

hollandaise (GFA) 1

basil pesto (VEGAN) 1

\*We do not list all the ingredients in our descriptions, so please advise staff of any food allergies or dietary requirements when ordering

TO HELP WITH THINGS IN THESE UNCERTAIN TIMES CAN YOU PLEASE KEEP MENU CHANGES TO A MINIMUM

LOVE IT? SHARE IT! AND TAG US  
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